



**North Fork Karate**  
**970-527-5477**  
**northforkkarate.com**

# Newsletter August 2013

## Calendar of Events

Check northforkkarate.com for up-to-date events

- ♦ August 17th - Hanshi Madani Seminar
- ♦ Sept. 27-29th - 19th Annual Summer Camp in Keystone, CO
- ♦ October 12th - OUR Tournament - North Fork Championships - GI
- ♦ November 9 - IMA Utah Championship

## **Camp - Gasshuku** **27 - 29 Sept.**

19th Annual Rocky Mountain Karate Summer Camp

The International Martial Arts Association would like to invite you and your students to our exciting and memorable 19th Annual Gasshuku (Karate Summer Camp) the weekend of September 27-29, 2013 in Keystone, Colorado.

Gasshuku is a traditional retreat designed to allow a Karate-ka to focus on karate without the daily distractions that interrupt the learning process. By participating in this camp, you will learn many skills and form a better understanding of Martial Arts.

This year's theme is "Respect."

The camp is open to all martial arts students, coaches, and instructors who wish to learn traditional Japanese Shotokan Karate as well as sport Karate. As in previous years, training will be held in four separate training areas with guest instructors and students will be separated into levels based on age and belt status.

Please go to [www.imakarate.com](http://www.imakarate.com) and click on 19th Annual Rocky Mountain Karate Summer Camp

## Beam Signing Ceremony

Ever since Sempai McGavin was the first student to earn a black belt at North Fork Karate, there's been a little tradition called the beam ceremony. On the day of the summer seminar the people who have received their black belts in the past year climb up to the beam in the dojo and sign their name for all to read. This year it is Messrs. Dory Funk and Jim Firor who will be taking the chalk in hand. Mr. Funk is third in his family to do this, but it's and the first in his family for Mr. Firor.

By next year, we will also have some junior black belts signing the beam, although the lower beam will be used for them. **Do not miss the Beam Signing Ceremony at 11:30 am on August 17th!** Everyone is encouraged to come, whether or not they are attending the seminar. It will take 15 to 20 minutes, so no excuse!



## **Seminar With Hanshi!**

**Do not miss the seminar with Hanshi Madani on Saturday the 17th of August!**

It is a big honor for Hanshi to come all the way to teach us. He has a full travel schedule and is highly regarded in the world of karate.

10:00 am to 11:15 am

Athletic Karate Skills

Youth all ranks (Adults may attend)

11:30am to 12:45pm

Second Morning Seminar:

Martial Arts for Adults All Ranks

**12:45pm to 1:45pm**

**Lunch (Included in cost)**

1:45pm to 3:00pm

Afternoon Seminar:

Kata Performance Strategies

Advanced all ages (green belts and up)

**COST:**

With current IMA Membership \$28 - includes lunch

\$18 Under green belt and/or under 14 yr)

## Students of the Month:

**Chris Smith - for getting past adversity in her life.**

**Sam Stech - For learning to teach.**

"Sports serve society by providing vivid examples of excellence." -George F. Will

North Fork Karate Championship is quickly approaching on the 12th of October, 2013!

This year's tournament will be sanctioned by USA Karate (this is a big deal) and host a kumite seminar for officials (testing available to Referee C).

Train with this in mind and **SAVE THE DATE**

**October 12th**

**Don't miss the beam ceremony at 11:30 am on the 17th!**

Want to tell Sensei you won't be in class? Email him at [senseimcgavin@yahoo.com](mailto:senseimcgavin@yahoo.com)

Sampai Jennifer's email is

[j.mcgavin@tds.net](mailto:j.mcgavin@tds.net)