



KARATE

**Sat.
Aug
28,
2010
SEMINARS
HELD AT
IMA
NORTH
FORK
KARATE
DOJO
311 2ND ST
PAONIA CO**

Contact:

Sensei McGavin

800-665-2052

970-57-5477

senseimcgvain@yahoo.com

IMA North Fork Karate

311 2nd St.

Paonia CO 81428

More info:

northforkkarate.com



**“Hanshi
MADANI” - 8TH
DAN**

- ♦ **Founder and Chief Instructor and President of the International Martialarts Association (IMA)**
- ♦ **USANKF technical committee**
- ♦ **(USANKF is a member of the US Olympic committee)**
- ♦ **Pan American and World Karate Federation "Referee"**
- ♦ **Over 40 years of experience in**
 - ♦ **Martial Arts**

10:00 am to 11:30 am

Developing speed and agility for all ages.

1:00 pm to 2:30 pm

COMPETITIVE KARATE STRATEGIES

COST:

BOTH SEMINARS \$45

With current IMA membership \$35

ALL STYLES WELCOME